

# DASS

## Scoring Template

S  
A  
D  
A  
  
D  
S  
A  
S  
A  
  
D  
S  
S  
D  
S  
  
A  
D  
D  
S  
A  
  
A  
D

Apply template to both sides of sheet and sum scores for each scale.  
For short (21-item) version, multiply sum by 2.